

# Level 3 Diploma in Adult Care

Leading frontline care for vulnerable adults within their own homes, day care centres, residential and nursing homes and other healthcare settings.

## Overview

This level 3 qualification is ideal if you're a care worker, and you have some responsibility in your workplace. You sometimes work without supervision. You want to develop or demonstrate your skills, perhaps to become a senior care worker.

This qualification will provide you with the competence and skills to work within the adult social care sector in a variety of job roles that specifically deal with adult social care at Level 3. Here are some roles this qualification is intended for but not exhaustive; Lead Adult Care Worker, Care Supervisor, Senior Care Worker and Supervising Care Worker.

The primary purpose of the qualification is to confirm occupational competence. The qualification is a mandatory component of the **Lead Adult Care Worker Apprenticeship**.

This qualification can be delivered as a stand-alone qualification or as part of an Apprenticeship – see link below.

## Who will benefit?

Those learners working within the health and social care settings either in; residential care, domiciliary care, home care support, dementia care, learning disability support worker, supported living support worker and personal assistant support roles.

## Outcomes

The Diploma in Adult Care qualification will benefit your business by enabling learners to meet many objectives.

Listed below are the mandatory requirements

- Promote communication in care setting
- Promote effective handling of information In care setting
- Promote Personal Development in care setting
- Promote person-centre approaches in care
- Promote Equality and inclusion in care setting
- Promote Health, safety and wellbeing in care setting
- Responsibilities of care worker
- Duty of care in settings

The optional units listed below show the areas of care that you can build your qualification against. The units can be chosen to meet the job requirement of the learner and employer and develop specific knowledge requirements.

## Optional Units

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| 1. Understand how to support individuals during the last days of life                                       | 50. Support individuals with a learning disability to access healthcare                                    |
| 2. Understand the administration of medication to individuals with dementia using a person-centred approach | 51. Work with other professionals and agencies to support individuals with physical disability             |
| 3. Understand the role of communication and interactions with individuals who have dementia                 | 52. Promote effective communication with individuals with sensory loss                                     |
| 4. Understand the diversity of individuals with dementia and the importance of inclusion                    | 53. Support the assessment of individuals with sensory loss  |
| 5. Purpose and principles of Independent Advocacy   | 54. Support the promotion of awareness of sensory loss   |
| 6. Introduction to personalisation in social care   | 55. Enable individuals to negotiate environments   |
| 7. Principles of supporting an individual to maintain personal hygiene                                      | 56. Support individuals with multiple conditions and/or disabilities                                       |
| 8. Principles of supporting individuals with a learning disability regarding sexuality and sexual health    | 57. Support the development of community partnerships  |
| 9. Principles of self-directed support  | 58. Contribute to raising awareness of health issues   |
| 10. Understand the factors affecting older people   | 59. Promote nutrition and hydration in health and social care settings                                     |
| 11. Stroke Awareness  | 60. Contribute to effective team working in health and social care or children and young people's settings |
| 12. Understand and meet the nutritional requirements of individuals with dementia                           | 61. Supporting infection prevention and control in social care   |
| 13. Enable rights and choices of individuals with dementia whilst minimising risks                          | 62. Support individuals to stay safe from harm or abuse  |
| 14. Understand and enable interaction and communication with individuals who have dementia                  | 63. Support individuals with autistic spectrum conditions  |
| 15. Equality, diversity and inclusion in dementia care practice   | 64. Understanding professional supervision practice  |
| 16. Gain access to the homes of individuals, deal with emergencies and ensure security on departure         | 65. Understand Advance Care Planning   |
| 17. Support individuals in their relationships  | 66. Prepare for and carry out extended feeding techniques  |
| 18. Facilitate person-centred assessment, planning, implementation and review                               | 67. Support individuals to manage their finances   |
| 19. Support use of medication in social care settings   | 68. Obtain venous blood samples  |
| 20. Prepare environments and resources for use during healthcare activities                                 | 69. Implement therapeutic group activities   |
| 21. Support individuals to maintain personal hygiene  | 70. Promote positive behaviour   |
| 22. Support individuals to deal with personal relationship problems   | 71. Support individuals to access and use services and facilities  |
| 23. Understand positive risk taking for individuals with disabilities                                       | 72. Understand mental well-being and mental health promotion   |
| 24. Understand how to support individuals with autistic spectrum conditions                                 | 73. Causes and Spread of Infection   |
| 25. Understand Physical Disability  | 74. Support individuals to access education, training or employment  |
| 26. Understand the impact of Acquired Brain Injury on individuals   | 75. Support individuals to access and manage direct payments   |
| 27. Understand Sensory Loss   | 76. Support individuals to develop and run support groups  |
| 28. Understand the Effects of Ageing in Activity Provision  | 77. Understand the process and experience of dementia  |
|   | 78. Move and position individuals in accordance with their plan of care                                    |
|   | 79. Undertake urethral catheterisation processes   |
|   | 80. Understand mental health problems  |
|   | 81. Provide support to manage pain and discomfort  |

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| <p>29. Diabetes Awareness</p> <p>30. Understanding and Enabling Assisting and Moving Individuals</p> <p>31. Understand how to provide support when working in end of life care</p> <p>32. Understand Stroke Care Management</p> <p>33. End of life and dementia care</p> <p>34. Providing Independent Advocacy support</p> <p>35. Maintaining the Independent Advocacy relationship</p> <p>36. Responding to the advocacy needs of different groups of people</p> <p>37. Support individuals who are substance users</p> <p>38. Identify and act upon immediate risk of danger to substance misusers</p> <p>39. Increase awareness about drugs, alcohol or other substances with individuals and groups</p> <p>40. Carry out initial assessments to identify and prioritise the needs of substance misusers</p> <p>41. Carry out comprehensive substance misuse assessment</p> <p>42. Develop and sustain effective working relationships with staff in other agencies</p> <p>43. Prepare to support individuals within a shared lives arrangement</p> <p>44. Provide support for individuals within a shared lives arrangement</p> <p>45. Support families in maintaining relationships in their wider social structures</p> <p>46. Help individuals address their substance use through an action plan</p> <p>47. Implement the positive behavioural support model</p> <p>48. Support person-centred thinking and planning</p> | <p>82. The principles of Infection Prevention and Control</p> <p>83. Awareness of the Mental Capacity Act 2005</p> <p>84. Provide support to maintain and develop skills for everyday life</p> <p>85. Facilitate learning and development activities to meet individual needs and preferences</p> <p>86. Enable individuals to develop strategies to manage their behaviour</p> <p>87. Support positive risk taking for individuals</p> <p>88. Recognise indications of substance misuse and refer individuals to specialists</p> <p>89. Support individuals during a period of change</p> <p>90. Cleaning, Decontamination and Waste Management</p> <p>91. Undertake physiological measurements</p> <p>92. Support individuals to prepare for and settle in to new home environments</p> <p>93. Support individuals with specific communication needs</p> <p>94. Undertake agreed pressure area care</p> <p>95. Support individuals at the end of life</p> <p>96. Administer medication to individuals, and monitor the effects</p> <p>97. Support individuals to live at home</p> <p>98. Undertake tissue viability risk assessments</p> <p>99. Understand the context of supporting individuals with learning disabilities</p> |
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Further Information regarding this qualification as an Apprenticeship can be found on the following link:

<https://www.instituteforapprenticeships.org/apprenticeship-standards/lead-adult-care-worker/>